



Course Overview

Gua Sha is an ancient traditional Chinese medicine scraping technique used on the body to help clear “stagnant qi” and greatly promote blood and lymph circulation to the area being worked on.

This facial technique is so incredibly popular and has become the new “in” natural beauty treatment (as seen all over the internet!) I have been incorporating gua sha in my facials in my clinic for years as it gives amazing instant results and feels fantastic for your clients. Gua Sha can be offered as a facial on its own or to complement other facial treatments.

Come along to experience the fabulous benefits yourself and learn to confidently bring this wonderful tool into your clinic treatments and your own beauty routine for years to come.



Course Cost:

\$250.00 (Includes kit)

Schedule:

1 day workshop

Dates & Time:

See website (acbt.edu.au)

What you will receive:

- Gua Sha Workshop Instructional Booklet
- Certificate of completion of Gua Sha facial technique
- Your very own rose quartz Gua Sha tool & organic facial oil

Facial Gua Sha is designed to:

- Provide a sculpting and lifting effect on the face and neck area
- Help relieve tension in the facial muscles, jaw, neck and scalp
- Help reduce the appearance of fine lines and wrinkles
- Reduce puffiness and significantly enhance circulation for radiant, healthier looking skin
- Promotes clearing of lymphatic congestion and toxins from the skin
- Promotes healing from breakouts and scarring.
- Helps calm the mind, reduce stress, supports the immune system and promotes overall health and well-being